



# NEWSLETTER

August 2019

From the desk of  
Tiesha Schmuland...

Volunteer & Community  
Engagement Coordinator

I love technology... when it works! The right tech, applied to the right situation, can be such a timesaver, and even make our work more effective!

I am so pleased that Volunteer Campbell River has introduced a new platform for posting volunteer needs. Volunteer Connector is now live on our website. Volunteer Connector was created by Volunteer Calgary – people who understand the needs of volunteer centres, volunteers, and agencies.

Interested volunteers can sign up in minutes and search a beautiful site that shows volunteer needs in our community. They can search by activity, cause, time commitment and other factors such as proximity to public transit or age. Volunteers can apply directly to agencies through this service, saving them an extra trip to our office. Agencies can also sign up and post needs quickly and easily. So far, the feedback has been fabulous.

Volunteers will still need to stop by our office to pick up forms for Police Information Checks unless Agencies would like to have copies on file at their locations. If you are an agency who would like to have all the forms at your location, that will save volunteers an extra trip and streamline their application process. Please contact me to set up your agency for distributing

the Police Information Check forms.

I encourage you to take a few minutes and check out this new addition to our [website](#). I'd love to hear from you after trying it out. Happy Volunteering!

## An Update from... Chloe Valentine *Youth Engagement Coordinator*



Our youth engagement team is overjoyed with the success of our *Month That Matters*. During July we joined a dedicated group of youth to learn firsthand about amazing non-profit agencies serving our community – and how we can give back to them! We kicked off the month by visiting the Discovery Passage Aquarium and learning about all the special creatures that also call Campbell River "home". From there we journeyed to the Campbell River Food Bank and learned about food management and security. We also had the pleasure of developing our cultural and interpersonal skills by attending two workshops. Kathi Camilleri led us in a workshop where we explored our role in supporting the revival of the values that worked so beautifully in indigenous villages for thousands of years. With the help of NIEFS we learned how our personalities give

us unique strengths we can use in our future endeavours.

We spent a day with Habitat for Humanity helping to build a home for a local family. Afterwards, we had the pleasure of learning about Restorative Justice, Victim Services, Crime Stoppers, and the RCMP in an experiential healing circle at the police station. We celebrated the month by attending Chalkfest and contributing to our city through art, creativity, and teamwork. Thank you so much to everyone who helped support us and our young leaders over the past four weeks!





900 Alder Street  
Campbell River  
250-287-8111

Open 10 am - 4 pm  
Monday through Thursday

**WE WILL BE CLOSED**  
**MONDAY, AUGUST 5th to**  
**CELEBRATE BC DAY**  
and  
Tuesday August 27th  
for a Staff Day



Are you looking for a way to make a difference, build your resume, pursue your passions, or make new friends? Volunteering in our community is a great way to do all of that!

**CURRENT OPPORTUNITIES**



# LIFT FESTIVAL

LEADERSHIP INNOVATION FRIENDSHIP TALENT

## Community Resource and Volunteer Fun Fair

PRIZES | FOOD | FRIENDS | FUN

SATURDAY SEPT 14, 2019  
COMMUNITY CENTRE  
10AM-2PM  
FREE ADMISSION!

Promote your organization's programs and services!  
Provide volunteer opportunity information and recruit  
volunteers!

Network with other non-profits and like minded individuals!  
Participate in the networking activity and win prizes!  
Participate in the silent auction!

REGISTRATION IS NOW OPEN!  
CONTACT BY EMAIL AT [MAIL@VOLUNTEERCR.CA](mailto:MAIL@VOLUNTEERCR.CA) OR CALL  
250-287-8111 TODAY!  
TABLES ARE FREE FOR MEMBER ORGANIZATIONS, \$25 FOR  
NON-MEMBERS.  
BOOKED ON A FIRST COME FIRST SERVE BASIS UNTIL WE  
ARE SOLD OUT!



City of  
Campbell  
River

Are you wondering what to do the next time you hear a racist remark or witness a discriminatory action? Help build a safe and welcoming community and join us for a powerful day of learning and reflection.

## ANTI-DISCRIMINATION RESPONSE TRAINING (A.R.T.)

The A.R.T. Program, developed by Dr. Ishu Ishiyama, uses a witness-centered approach to prejudice reduction. Participants will increase their awareness of discrimination and develop readiness and skills to respond to such situations. This workshop involves group-based experiential activities to develop “active witnessing skills” and raise awareness of the social, historical, and personal aspects of racial discrimination. Participants will learn and practice a wide range of anti-discriminatory responses. This program is designed to help us move from being passive or silent bystanders to being active witnesses. Participants will explore ways in which they can be active in combating racism and other forms of discrimination and prejudice in their daily lives.

FACILITATED BY NAOMI WOLFE  
AND THANH TAZUMI

Thursday, September 19th, 2019 9:00 am - 4:00 pm  
Location TBA, Campbell River

This workshop is open to volunteers, staff and board members from non-profit agencies in Campbell River. With gratitude to the Campbell River Community Foundation, this workshop is free and lunch will be provided. Please call Volunteer Campbell River at 250-287-8111 to register. Space is limited.



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NOVEMBER 5, 2019



**VOLUNTEER  
MANAGER'S  
CONFERENCE**

SAVE THE DATE.  
DETAILS COMING SOON!

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## Equipment Rental

|                         | Member  | Non-Member |
|-------------------------|---------|------------|
| *all prices are per day | Price   | Prices     |
| 10 x 10 Tents (2)       | \$25 ea | \$50 ea    |
| 10 x 20 Tent            | \$50    | \$100      |
| Projector               | \$25    | \$50       |
| Projector Screen        | N/C     | N/C        |
| Presentation Remote     | \$5     | \$10       |
| Mic and Speaker System  | \$25    | \$50       |
| Prize Wheel             | \$15    | \$25       |
| Coffee Urn              | \$5     | \$10       |

## Fees for Services

### Self Serve Photocopies

Letter (8.5 x 11)

Black & White 5 cents Colour 25 cents

Legal (8.5 x 14)

Black & White 7 cents Colour 30 cents

### Full Service Photocopying

Individually priced per project

### Contact Us

To reserve or for more information

Phone: 250-287-8111

Email: [mail@volunteer.ca](mailto:mail@volunteer.ca)

Web: [www.volunteercr.ca](http://www.volunteercr.ca)



## FROM OUR MEMBERS...

**Campbell River and District Adult Care Society** is hosting our annual Harvest Fest on Friday September 13. It is a very popular event. We are asking family members to sign up early to avoid any disappointments. There will be entertainment, dinner, and dance. Enjoy your summer, be safe and have fun.

Come visit the **CR Head Injury** Salmon BBQ at this years Logger Sports! The event runs August 9<sup>th</sup>, 10<sup>th</sup> & 11<sup>th</sup> and is located at Nunn's Creek Park. We will be serving delicious Salmon Burgers and will also have raffle tickets, Minimum \$5.00 donation for 10 tickets gives you a chance to win 4 BC game tickets!

**Habitat for Humanity** - Huge shout out to Alison Liebel who has organized this years Habitat for Humanity Womens build here in CR. The ladies are having a great time. Thank you ladies for your support. To build your team, contact [Alison@habitatnorthisland.com](mailto:Alison@habitatnorthisland.com) We provide lunch, fun and a chance to meet our next new home owners.

**Mental Health Recovery Partners North Island**  
Family & Friends Mental Health Support Group  
3rd Tuesday of the Month, 6:30 p.m.

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850E 12th Ave., Campbell River

This group is for parents, siblings, partners, adult children and other family members and friends of those living with a mental illness.

*Drop in group, no need to register.*

Questions, contact us at 250-914-3059 or [crss@shaw.ca](mailto:crss@shaw.ca).

Enter a team in **Shoreline Musical Theatre Society's** Scavenger Hunt! Search for items related to the musicals we have been producing in CR since 1990! Register a team at [shorelinemt@gmail.com](mailto:shorelinemt@gmail.com) The Hunt will be held on Saturday August 17 at Spirit Square. Sign in at 12:30pm. Win tickets to our show "Mary Poppins."

**The Campbell River Sea Cadet** - The new cadet year will be starting in September. The registration for Sea Cadets is Thursday, September 5<sup>th</sup> 6:30-9 pm at the Navy League Hall, located at 911- 13<sup>th</sup> Ave. Please help us to spread the news to any youth, age 12-18, who are interested to learn sailing and seamanship, and wish to develop their self-confidence and team building skills.

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## **Special Events Volunteering Opportunities in August!**

### **Show on the Row**

**Wednesday, August 7, 2019**

Shoppers Row

The City of Campbell River is looking for two volunteers to work as Activity Assistants from 6:45-9 pm at the Show on the Row on August 7th.

Roles include:

*High Striker* - a fun test your strength activity for all ages. Volunteer would hand out prizes to participants.

*Bounce-a-Rama supervisor* - monitor/manage number of people using equipment and the interaction of the participants.

People who have a good rapport with children and are able to be kind but firm when managing the event would be a great fit! Volunteers ages 16 and up are welcome. This event is outdoors, so please be prepared for weather conditions. (Event will be cancelled if rain is heavy)

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Please contact us at [mail@volunteercr.ca](mailto:mail@volunteercr.ca) or 250-287-8111 to sign up to volunteer for this great event.

## **Loggers Sports Timekeepers- Salmon Festival**

**August 9-11**

Nunns Creek Park

Every year MARS Wildlife Rescue gathers volunteers to act as the official timekeepers at the Salmon Festival's Loggers Sports held in Nunns Creek Park in Campbell River. This is a fundraising event for MARS as they receive a donation from the organizers in exchange for providing the volunteers.

Volunteers work in pairs running a stop watch timing the various events and reporting to the head timer. (Timekeepers will take an average of the 2 numbers so the pressure isn't on just one person.)

Volunteers are needed for the following times:

- Friday August 9 (5pm to 8pm)
- Saturday August 10 (10am to 5pm)
- Sunday August 11 (10am to 5 pm)

It is preferable that volunteers commit to the entire shift/day that they sign up for. Training will be provided in the morning before things get underway. Stopwatches are provided as is a bagged lunch. Its a fun day!

Please contact us at [mail@volunteercr.ca](mailto:mail@volunteercr.ca) or 250-287-8111 to sign up to volunteer for this great event. **Please include your email address, phone number, and preferred shifts in your reply.** Thanks for volunteering!

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# HELLO MY NAME IS:

## STAFF

Mary Catherine Williams - Executive Director

Tiesha Schmuland- Coordinator

Chloe Valentine - Youth Engagement

Jean Droesse - Senior Peer Support

Katie Robinson - Office Admin

Trudy Parry - Office Admin

Jada Owens - Engagement Assistant

## BOARD

Marcia McKay, President

Brett Woodside, Vice-President

Cynthia Bendickson, Secretary

Trish Whiteside, Treasurer

Kyle Needham, Director

Shardae Scott, Director

Thomas Nowak, Director

Ashley Russo, Director

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**Our mailing address is:**

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Campbell River, BC  
V9W 2P6

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