

# VOLUNTEER CR NEWSLETTER



*Working together to build strong and healthy communities through volunteerism.*

**May 2017**

## 2017 Annual General Meeting

Monday, June 19th, 2017 at 5:30 pm

Enterprise Centre Boardroom, 900 Alder Street



Followed by a short presentation on  
Reading Financial Statements  
with Sara Baxandall.

**Join us!**

Meet our Board of Directors, Support changes to  
our Bylaws to meet the New Societies Act.

Enjoy:

**Door Prizes! Refreshments! Silent Auction!**

**& Networking with like minded people!**

Please rsvp by June 14<sup>th</sup> to [mail@volunteer-cr.ca](mailto:mail@volunteer-cr.ca)



We wish everyone a  
wonderful, sunny  
long weekend!  
We will be closed on  
Monday, May 22nd  
for Victoria Day.

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## Time Management Workshop—Wednesday, June 28th 9:30 am – 12:30 pm

Non-profit organizations staff and volunteers provide heroic levels of help while usually being chronically underfunded and understaffed. What if each person in your non-profit could double or even triple the amount of work being done while reducing stress and long hours? In this workshop, time management expert Garland Coulson provides practical techniques to help non-profits and individuals. Whether you are a non-profit manager, director, employee or volunteer, you will find many powerful tips to transform your working time and to enhance your person life!

**About the facilitator:** Garland Coulson (Captain Time) has spent over 25 years mastering time management. For the last 15 years, he has been a time management speaker trainer and coach, helping thousands of people get more done in less time. Garland calls time management is the “missing” skill they don’t teach in school or university. No matter how brilliant or talented you are, if you always running out of time, you can’t apply your skills to their fullest. Time management isn’t just about work. One of the reasons Garland loves to teach time management is so that people have more time for what is important in their life. Time for family, friends, community and passions. Time just to be a human e-ing” instead of a human do-ing.

**Location & Pricing:** Enterprise Centre East Boardroom, 900 Alder Street \$35.00 pp for Volunteer Campbell River members, \$50. pp for non-members

**Registration:** Email [mail@volunteer-cr.ca](mailto:mail@volunteer-cr.ca) or call 250-287-8111 with your name and agency contact information. Then, follow up with payment by cash or cheque by June 26<sup>th</sup> to Volunteer Campbell River, 900 Alder Street beside the mural. Seats are limited and confirmed with payment. Please note: no refunds.



## 7th Annual Volunteer Fair

Sat. Sept 16th, 10 am—2 pm at the CR Community Centre

- Promote your organization's programs and services!
- Provide volunteer opportunity information and recruit volunteers!
- Network with other non-profits and like minded individuals!
  - Enjoy a salmon burger with Marine Harvest!
    - Take part in the Silent Auction!
      - Win prizes!

**REGISTRATION IS NOW OPEN!**

Contact [mail@volunteercr.ca](mailto:mail@volunteercr.ca) or call 250-287-8111 today!

Tables are \$30.00 for member organizations, \$110. for non-members.

Booked on a first come first serve basis until we are sold out!



### Who We Are

#### Staff

Louise Howes, Executive Director

Aolani Delorme, Admin Coordinator

#### Board

Vicki Hamilton, President/Treasurer

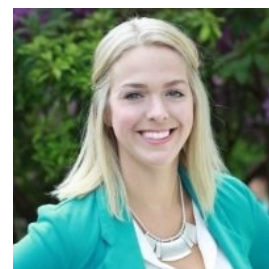
Brett Woodside, Vice-President

Cynthia Bendickson, Secretary

Marcia McKay, Director

Carly Pisterzi, Director

Our heartfelt thanks to Taunya Holland for her service to our Board the past year and we welcome Carly Pisterzi, as a Director!



## VCR EMPLOYMENT OPPORTUNITY

### Volunteer Services Assistant

We are seeking a summer student to join our team for 9 weeks over June, July, and August! Duties include: establish a scanned volunteer registration document system, follow-up with volunteers, update database, provide office administration assistance, reception, volunteer recruitment and referral, marketing and support.

**Qualifications and experience:** Must meet Canada Summer Student Job criteria. Have strong communication skills, a pleasant telephone manner, and friendly demeanor with the ability to foster positive relationship, Knowledge and appreciation of volunteerism and how it plays a key role in our community and society. Administrative skills with a working knowledge of computer software including scanning and filing documents, Word, Email and Excel. Ability to take direction well, work independently and part of a team. Have the ability to work with a wide and diverse group of people.

**How to apply:** Please email your resume and cover letter by June 5th to [louise@volunteercr.ca](mailto:louise@volunteercr.ca) or drop off in person, Monday to Thursday 10 am to 4 p.m. at 900 Alder st, entrance beside the mural.

We look forward to hearing from you!



### Faxing to Volunteer CR

We no longer accept faxes at our office. Any documents that were previously being sent through fax can be scanned and emailed to [mail@volunteercr.ca](mailto:mail@volunteercr.ca).

Please send volunteer registration forms by email, drop off at our office, or mail them to 900 Alder St, CR V9W 2P6. We thank you for your patience during this transition.

Please contact us if you have any questions.

**GET INVOLVED**  
Be a volunteer and reap the rewards

## MEMBER NEWS

**Greenways Land Trust:** Two upcoming interpretive walks coming up! Ecology of the Tye Spire, Wed, May 31 from 7-8 pm and Birds in the CR Estuary on Sun, May 21 from 10am to 12 pm. Check out our Facebook events or for more information call 250-287-3785 or email [volunteer@greenwaystrust.ca](mailto:volunteer@greenwaystrust.ca)

**CR First Open Heart Society:** The next meeting of the Campbell River First Open Heart Society is May 24th at 7:00 PM at the Campbell River Community Center. The guest speakers are Joan and Steve Wallace from the Wallace Driving School in Victoria presenting driving tips for seniors. New members always welcome. For more info call Ken at 250-923-3466.

**Laichwiltach Family Life Society:** Aboriginal day Celebration on Wed, June 21st at the Big House at 10 a.m. for Cultural Sharing. Walk to Spirit Square 11-11:30 a.m, Entertainment in Spirit Square 11:30 to 4:30 (also games for kids and bouncerama). For more information contact Shawn Decaire at 250-286-3430.

**CR Shoreline Arts Society:** 21st Annual Transformations on the Shore Chainsaw Carving Competition June 21-25 at Frank James Park! 1 hr Quick Carve with Auction, Buy a raffle ticket—top prize Pick of the Park!. See you there!

**CR Beacon Club :** 5<sup>th</sup> Annual Defeat Depression Walk, Sunday, June 11 at Ostler Park. Registration is 10 a.m. and the 4 km walk begins at 11 a.m. Join us for a bbq after the event at the longhouse. To register/donate/purchase merchandise go to <https://mdsc.akaraisin.com/CampbellRiver2017>

**CR & District Association for Community Living:** Denim and Diamonds Country Hoedown Fundraiser, June 10, 2017 at the Eagles Hall. Boondock band, Beachfire Brewing, live and silent auction, Diamond Pendant door prize from Thong's Jewellery, line dancing! Tickets: \$50 each or a table of 8 for \$350 Call 250-286-0391 or visit CRADACL .

**Altrusa Club of CR:** We are a friendly active group and welcome new members. A few of our projects are a yearly Christmas swag project. Every June we co-host with the Community Centre and cater 200 ladies 72 years and older to an old fashion tea. With a lot of community help we have refurbished the patio area of Seth Norton into a lovely oasis.

**The Canadian Cancer Society:** Has a volunteer run office in Campbell River @ 1423 B - 16th Ave. Our hours are 11:00am-3:00pm Monday to Friday. We are especially proud of our Wig Room. Clients undergoing chemotherapy can come in and borrow hats, wigs, and scarves then return them when done. Come in and see about any of our support services.

**MS Society of Canada NVI Chapter:** is hosting their Comox Valley Scotiabank MS Walk taking place on Sunday, May 28<sup>th</sup> from 9 am to 12 pm. Water Station, Finish Line Cheering Squad, Food! Come join the fun! For more information email [marissa.ledding@mssociety.ca](mailto:marissa.ledding@mssociety.ca) or call 250-338-6496 ext 7324.

**The Arthritis Society:** Are you pregnant or looking into having a child, but are concerned because of your arthritis? This online streaming session will cover a variety of topics concerning arthritis before, during and after pregnancy, particularly lupus and rheumatoid arthritis. Thurs, June 1st 6:30—8:30 p.m. Cost is Free. Call toll-free 1.866.414.7766 to register.

**CR Emergency Support Services Team (CRESST):** Trained emergency response volunteers who help evacuees in an emergency. CRESST meets on the last Monday of each month upstairs at the Search and Rescue Building located at 261 Larwood Road at 7pm. Please call 250 203-1972 for information.

### Free Webinar—Charitable Receipting Do's and Don'ts—Thurs, May 25th, 10 a.m.

Are your charity's donation receipts compliant with the Canada Revenue Agency's rules and regulations? Find out everything you need to know about issuing correct donation receipts with this **free webinar**.

Space is limited so [register early](#) The information will be presented in an easy-to-understand format and of interest to both new and veteran fundraisers, volunteers and other staff who are responsible for issuing donation receipts.

### Free Video Series—How to Build A Thriving Non-Profit with Joan Garry

Get your board and staff to work together, Create a culture for storytelling, The 5 pillars for a thriving non-profit, The 3 Areas to focus on first, A step-by-step blueprint for a thriving nonprofit, An introduction to the nonprofit leadership lab, and much more!

Perfect for leaders—board and staff of smaller nonprofits. Go to <http://thrivingnonprofit.org/> to access the free videos.



**Equipment Rentals at VCR**

All prices are per day	Member Price	Non Member Price
10 x 10 Tents (2)	\$25.00 each	\$50.00 each
10 x 20 Tent	\$50.00	\$100.00
Display Unit	\$10.00	\$20.00
Projector	\$25.00	\$50.00
Projector Screen	No charge	No charge
Presentation Remote	\$10.00	\$20.00
Speaker System	\$25.00	\$50.00

**Thank you to our Sponsors and Supporters**



*We acknowledge the financial support of the Province of BC*



**CR Oldtimer's Hockey Club**

**Services Offered at VCR**

**Volunteer & Community Engagement**

- Online Volunteer Opportunities software administration
- One-on-one consultation meetings with volunteers
- Special Event Volunteering
- Volunteer Database Administration
- Volunteer Police Information Check & Ministry of Justice Criminal Record Review support
- Weekly Volunteer Spotlight—Radio, Office, Online
- Volunteer Promotions & Presentations
- Volunteer Recognition Events & Celebrations
- Volunteer CR Website
- Facebook page, Twitter, Videos

**Non-profit Leadership & Support**

- Workshops
- Information Session
- Online Templates and Samples
- Equipment Rentals
- Monthly Newsletters
- Useful web links
- In House Library

**Contact Us!**

**900 Alder Street,  
Campbell River, BC V9W 2P6  
Enterprise Centre (beside the mural)**

**Phone: 250-287-8111 Email: [mail@volunteercr.ca](mailto:mail@volunteercr.ca)**

**Web: [www.volunteercr.ca](http://www.volunteercr.ca)**

**FB: Volunteer Campbell River Page**

**HOURS: Monday to Thursday 10 a.m. to 4 p.m.**



**Everybody can be great. Because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love.**